Purchase of Own Securities

F&C Capital & Income Inv Tst PLC 17 March 2003 F&C CAPITAL AND INCOME INVESTMENT TRUST PLC PURCHASE OF OWN SHARES 1) Date of purchase: 14 March 2003 2) Number of Ordinary Shares purchased: 100,000 3) Highest and lowest price paid per share (excluding expenses): 122.5p 4) The issued share capital of the Company following this buy-back will be: Ordinary Shares - 49,778,891 5) Name and telephone number of contact for queries: Ms S Cox Tel: 020 7628 8000 6) Name of authorised Company official responsible for this notification: Ms S Cox For and on behalf of F&C Management Limited, Secretary 7) Date of notification 14 March 2003 This information is provided by RNS The company news service from the London Stock Exchange